



SUGGESTED PACKING LIST

We recommend packing your child in packing cubes or jumbo ziploc bags. When packing, keep in mind that many of our campers like to change their clothes between morning and evening sports majors.

It is critical that *all* of your child's belongings are labeled with his/her first and last name on each article of clothing, linens, towels, and each piece of sports equipment and other belongings. Every effort is made to reunite campers with their belongings before they leave camp. However, unmarked, and unclaimed items will be donated to a local charity.

| Quantity | Description | ✓ |
|------------------------|--|---|
| General apparel | | |
| 2 | Sweatshirt | |
| 1 | Raincoat or poncho | |
| 2 | Blue athletic shirts for Maccabiah | |
| 2 | Yellow or gold athletic shirts for Maccabiah | |
| 1 | Blue or white shirt for Israel Day | |
| 1 | Sweatpants | |
| 2 | White tops/polos/dresses for Shabbat | |
| 2 | Nice skirts/shorts/pants for Shabbat (no rips) | |
| 8-10 | T-shirts | |
| 6-8 | Athletic Shorts | |
| 2 pairs | Jeans/pants | |
| 1-2 pairs | Sneakers | |
| 1-2 pairs | Sandals for Shabbat (optional) | |
| 1 pair | Slide-on shoes for walking to/from fields | |
| 1-2 | Swimsuits | |
| 1 | Goggles (optional) | |
| 1-2 | Hat (not visor) | |
| 14 pairs | Underwear | |
| 14 pairs | Socks | |
| 2 | Pajamas | |
| 1 | Equipment bag or backpack with camper name <i>(depending on sport)</i> | |
| Bed & bath | | |
| 1 | Blanket for the dorm (XL) - NO sleeping bag | |
| 2 | Sets of twin extra-long XL sheets | |
| 1 | Pillow | |

| | | |
|----------------------|---|--|
| 1 | Flip flops or slides (for shower) | |
| 1 | Bathrobe/towel wrap (optional) | |
| 3-5 | Bath/beach towels | |
| 2 | Washcloths (optional) | |
| 1 | Shower caddy/toiletry bag | |
| | 2 toothbrushes, toothpaste, hair brush, comb, soap/box, shampoo, deodorant, plastic cup, nail clipper, sunscreen, insect repellent, etc. | |
| 1 | Mesh laundry bag with name | |
| Miscellaneous | | |
| 1 | Water bottle with camper's name | |
| 1 | Flashlight and extra batteries | |
| 10 | Stationery, stamps with pre-addressed envelopes | |
| | Black pens (for eLetters) | |
| | Hangers (optional) | |
| | Inexpensive camera (optional) | |
| | Set of extra eyeglasses/contacts/contact solution | |
| | Sunglasses | |
| | Books, magazines, non-electronic games, cards, coloring books/pages | |
| | <i>Kippah, tallit</i> , etc. (optional) | |

See next pages for suggested packing list for sports majors.

Please identify your child's sport major and pack accordingly

| Quantity | Description | ✓ |
|-------------------|--|---|
| Basketball | | |
| 1-2 pairs | Basketball sneakers | |
| Soccer | | |
| 6 pairs | Soccer socks | |
| 1 pair | Shin guards | |
| 1 pair | Cleats | |
| Tennis | | |
| 1 | Visor or cap | |
| 1-2 | Tennis racquet with cover | |
| 1 pair | Tennis sneakers | |
| Lacrosse | | |
| 1 pair | Cleats | |
| 1 | Lacrosse gloves | |
| 1 | Lacrosse stick | |
| 1 | Mouth guard | |
| 1 | Girls - goggles | |
| 1 | Boys - helmet with face shield | |
| 1 | Boys - shoulder and elbow pads | |
| Swimming | | |
| 3 | Swimsuits | |
| 2 | Swim goggles/caps | |
| 4-6 | Extra towels | |
| 1 pair | Fins (encouraged) | |
| Baseball | | |
| 2-4 | Baseball pants | |
| 1 | Baseball glove | |
| 1 | Baseball bat | |
| 2 | Baseball caps | |
| 1 | Batting helmet | |
| 2-3 | Athletic supporter with cup | |
| 1 pair | Baseball cleats (either rubber or metal) | |
| | | |

| Softball | | |
|----------------------|--|--|
| 2-4 pairs | Softball pants | |
| 1 | Softball glove | |
| 1 | Softball bat | |
| 2 | Softball caps | |
| 1 | Batting helmet | |
| 1 pair | Cleats | |
| Cheer/Dance | | |
| 1 pair | Sneakers | |
| 1 | Black Shirt (for performance) | |
| 1 | Black shorts/leggings/sweatpants (for performance) | |
| | Hair accessories (optional) | |
| Volleyball | | |
| 1 pair | Knee pads | |
| 1 pair | Sneakers | |
| Golf | | |
| 1 set | Golf clubs | |
| 6 | Collared shirts | |
| Gymnastics | | |
| 8 | Tight fitting shirts or tank tops (or leotard) | |
| 6 | Tight fitting shorts | |
| 1 pair | Grips, if you use them already | |
| Flag Football | | |
| 1 pair | Cleats | |
| 6-8 | Athletic shorts (<i>without pockets</i>) | |
| 6-8 | Athletic shirts/jerseys (<i>without pockets</i>) | |